

## HEALTHCARE PROFILES



Dr. Al DeSimone is a Board Certified Orthopaedic Surgeon, who specializes in Sports Medicine. He graduated from the University of Miami and completed his residency at Boston University Medical Center. He is Fellowship Trained in Sports Medicine specializing in Complex Knee Ligament and Shoulder Reconstructive surgery. His interests include: Arthroscopic Anterior Cruciate Ligament (ACL) Reconstruction, Meniscal Repair and Cartilage Resurfacing Techniques. He also focuses on Arthroscopic Treatment of Shoulder Instability, Shoulder Impingement and Rotator Cuff Tears.

He has been in private practice for over 20 years and is currently the Director of Sports Medicine at the South Florida Institute of Sports Medicine. This multi-subspecialty group consists of 9 physicians and 3 office locations in the West Broward area. He treats professional, collegiate and community athletes, and has participated as Team Physician for the U.S. Olympic Skiing Team, National Rugby Team and the Florida Panther

Hockey Association.

Dr. DeSimone has a true passion for sports medicine, and recognizes the importance of communication to provide the best possible care and treatment for his patients. He is dedicated to maintain the highest standards of medicine by remaining current in his professional training and certifications. He also acknowledges the value of education and has continued his participation as guest speaker for major television networks, lectureship circuits and medical conferences.

As one of our local sports medicine physicians, Dr. DeSimone has maintained an interest in the health, wellness and education of our student athletes. Since 2008 his non-profit organization, "Charity for Champions" has provided over 100 scholarships to deserving young individuals. With his continued desire to participate in our community he strives to provide the highest quality of medical care, always remembering that compassion and commitment are essential to achieving this goal.

## DR. AL DeSIMONE

### BOARD-CERTIFIED ORTHOPAEDIC SURGEON

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#### EDUCATION

- Board Certified;  
Orthopaedic Surgeon
- Sports Medicine  
Fellowship; University of  
Colorado
- Residency; Boston  
University Medical  
Center
- Medical School;  
University of Miami

#### MEMBERSHIPS

- American Board of  
Orthopaedic Surgery
- American Academy of  
Orthopaedic Surgeons
- Arthroscopy Association  
of North America
- Florida Medical  
Association
- American Medical  
Association

#### HOSPITAL AFFILIATIONS

- Weston Outpatient  
Surgical Center
- Westside Regional  
Medical Center

*“I always remember that compassion and commitment are essential to providing exceptional medical care.”*